

2024/2025

ELDER CARE
SERVICES, INC.



**ANNUAL
REPORT**

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SENIOR SPOTLIGHT

After the unexpected loss of his primary caregiver, James' world changed drastically. His health declined as he struggled to prepare nutritious meals and became increasingly isolated in his home, far from family and friends.

Then, Elder Care's Meals on Wheels program stepped in—not just with food, but with friendship and care.

His volunteer delivery driver became a lifeline, staying to chat and checking in on James' wellbeing. When James' health took a turn for the worse, his volunteer noticed the changes and alerted his case manager, who urged him to seek hospital care. However, after a few days James became concerned for his dog, so he discharged himself. Two days later, when the volunteer came to deliver his meal, he found James collapsed on the ground and unresponsive. Thanks to this critical intervention, EMS was called, and James received the urgent care he needed.

Now, with additional support from Elder Care's In-Home program and the continued presence of his Meals on Wheels community, James feels safer at home. No longer completely alone, he finds comfort in knowing he has people who care. His happiest moments are spent with his dog on his lap, looking out at the forest behind his home

Meals on Wheels doesn't just deliver meals. It delivers life, dignity, and the reassurance that no one has to struggle alone.



STRATEGIC UPDATES FROM THE CEO

As CEO of Elder Care Services, I view my role as a steward of an incredible legacy. From our humble beginnings in 1970 to the multi-faceted organization we are today, Elder Care has remained the leader in aging services for Florida's Big Bend. For over five decades, we have evolved and expanded, yet our core mission has never wavered: being the first place people turn when they need care for their loved ones.

Our theme for 2025 was 'Progress.' **I am proud to share that this past year was defined by strategic shifts designed to secure our success for the next 55 years.**

We took bold steps to ensure we are ready for the future, including a transformative partnership with TRIO Community Meals. While our meals are still prepared hot and fresh in our own kitchen, they are now backed by a premier network of culinary expertise and logistical support. Simultaneously, our Elder Day Stay center has flourished with expanded programming, and our dedicated case management team continues to provide a lifeline for hundreds of seniors across Leon, Gadsden, and Wakulla Counties. As the need for our services grew this year, we were ready to meet the challenge—**thanks entirely to the unwavering support of our donors and community.**

Looking ahead to 2026, our upcoming kitchen expansion and building remodel represent our promise to the community. We are shoring up our foundation to ensure that Elder Care Services remains a pillar of support for the next generation. In 2026, we aren't just renovating a building; we are fortifying a critical service that will support our seniors for decades to come.

I invite you to join us in our mission to improve the quality of life for all older adults. Whether you sign up for our newsletter, volunteer at Elder Day Stay, deliver a Meals on Wheels route, or provide a financial gift, you are doing more than just helping—**you are sustaining a legacy of care for our community's seniors.**



Jocelyne M. Fliger, MSW
President and CEO



OUR PROGRAMS



Nutrition Services

Meals on Wheels (hot & frozen) are delivered on weekdays to home-bound seniors and to our seven congregate meal sites.



Elder Day Stay

Day center that provides services to adults requiring continuous care as well as respite for caregivers, Monday through Friday, 7:30 a.m. to 5:30 p.m.



AmeriCorps Seniors

Seniors 55 years of age or older are placed in vital volunteer roles that enrich the quality of life for the senior and make lasting impacts to their community.



In-Home Services

In-home care for frail, functionally impaired, and homebound seniors as an alternative to nursing home placement.



Senior Outreach Services (S.O.S.)

Senior Outreach Services is the first contact for seniors seeking help and may provide material aid in addition to answering questions and connecting seniors to appropriate resources.

2025 Community Impacts



645

food insecure seniors received prepared meals



173

local seniors received direct care at home.



92,284

meals distributed to seniors in need

416

seniors received training and volunteer placement in the community through our AmeriCorps Seniors programs

1,040

low-income seniors received material aid and emergency support

58

seniors received full day care at Elder Day Stay

307

seniors received training and volunteer placement in the community

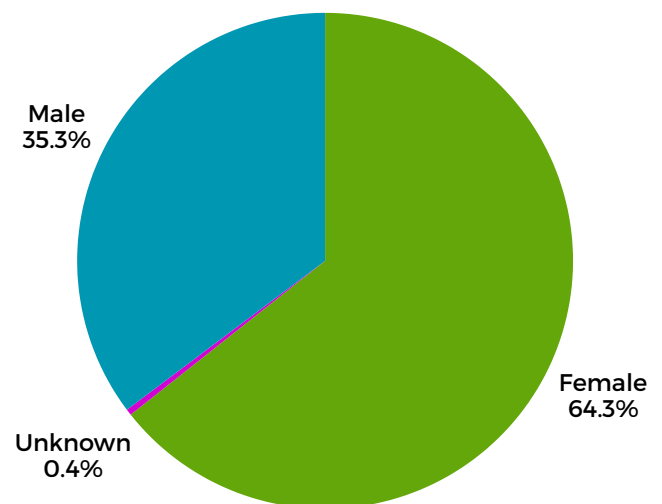
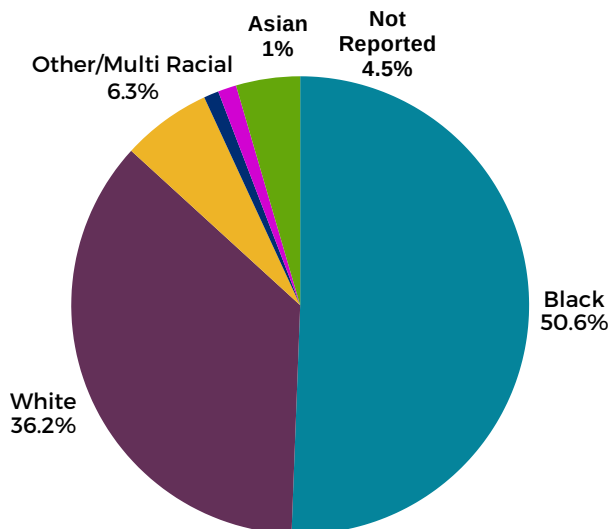
WHO WE SERVE

Seniors aged 65 and older are the fastest-growing demographic in America, with a projected increase of over 40% by 2050. In Florida, older adults now outnumber children and with the current growth trajectory of each demographic, this gap is expected to widen significantly. It is critical that we address the unique needs of the aging community now and create infrastructure and programming to meet the growing need.

Elder Care Services supports a diverse population of seniors and their caregivers throughout the Big Bend region. The organization serves older adults from many backgrounds, including those who are low-income, homebound, or experiencing social isolation. Many of these seniors live with chronic health conditions such as diabetes, heart disease, and arthritis, which can make accessing necessary care more difficult. Through programs like transportation to medical appointments, home-delivered meals, and health and wellness initiatives, Elder Care Services helps older adults maintain their independence and improve their overall quality of life.

Elder Care Services also recognizes the vital role caregivers play in supporting aging loved ones. Caregiving can be physically and emotionally demanding, and many caregivers place the needs of others before their own. To help address these challenges, the organization provides both center-based and in-home care services offering respite for the caregiver, as well as direct caregiver assistance such as counseling, and support groups.

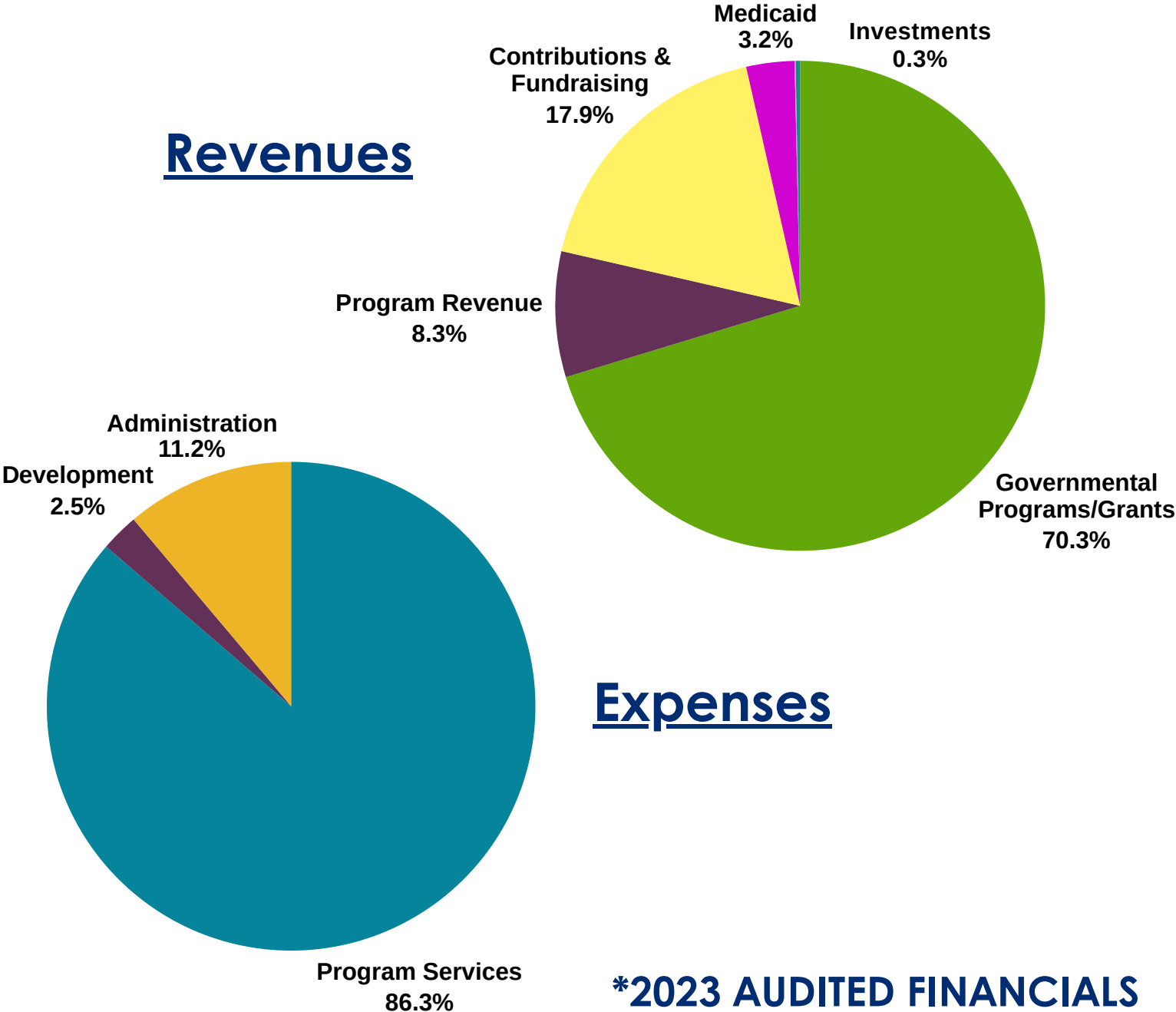
2025 Client Demographics



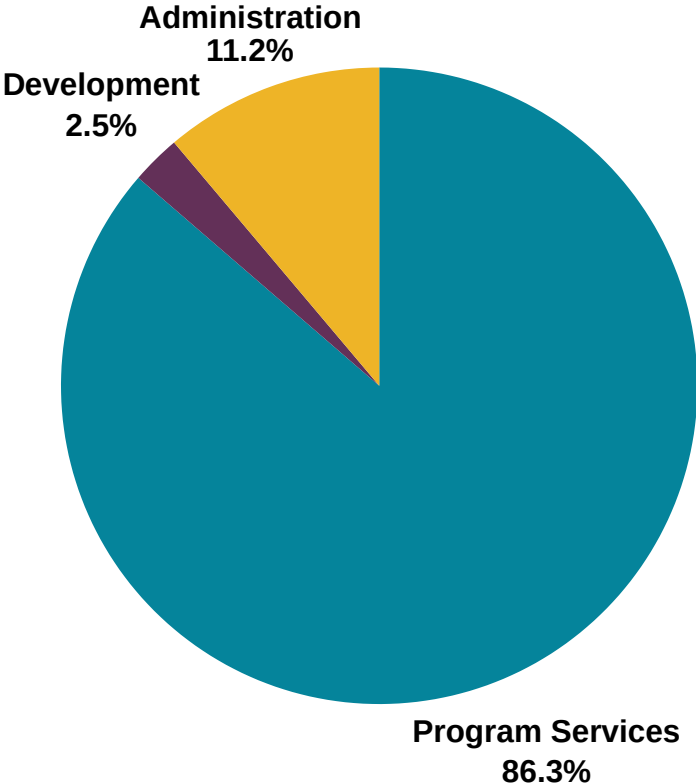
FINANCIAL STEWARDSHIP

Elder Care Services is able to keep our professional standards high and provide quality care to seniors due to our vigorous grant pursuits, generous donors, and wonderful volunteers. We are committed to maintaining strong fiscal policies that ensure the integrity and longevity of our programs so that we can continue to meet the growing needs of our community.

Revenues



Expenses



***2023 AUDITED FINANCIALS**

2025 HIGHLIGHTS



Florida Senate President Ben Albritton delivered a van full of heaters and blankets



Relationship building is a priority at our Elder Day Stay center



Meals on Two Wheels picking up hot meals to bike across town for deliveries



LINK Sausages & Beer provided delicious pretzels bites for our annual Oktoberfest



Meals on Wheels drivers delivering hundreds of meals each day



Our custom Oktoberfest mugs are proudly on display



FSU College of Medicine bringing holiday cheer to our Elder Day Stay clients



Festive desserts are prepared for Oktoberfest

BOARD OF DIRECTORS

Hella Spellman, *Chair*

Stephanie Schwartz, *Secretary*

Paula DeBoles-Johnson

Leslie Y. Dughi

Keith Gwaltney

Katie Kole

Tommy Mills

John Outland

Monique Akanbi, *Vice Chair*

Chattie Winton, *Treasurer*

JR Saginario

Amanda Miles

Robert Stuyverson

Colette Vallee

Kyle Stockton

Antoine Wright



THANKS TO OUR COMMUNITY PARTNERS



AmeriCorps
Seniors

ADVANTAGE
Aging Solutions



Elder
Affairs
FLORIDA



United Way of the Big Bend



United Way
of Northwest Florida



CITY OF
TALLAHASSEE



THANKS TO OUR 2025 OKTOBERFEST SPONSORS

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Platinum Sponsor

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Visiting Angels

Florida Community Care

Healing by Nature

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The Krizner Group

PMF HDIS

Canterfield Senior Living

MidSouth Bank

Centennial Bank

Akerman

Hella Home Solutions

CRR Commercial

ReBuilt Meals

Bob O'Lary Photography

TLH Beer Society

Leslie Dughi

Linda Bianco

Superior Services

2025 HIGHLIGHTS



Families enjoyed time on the plaza at our 27th Annual Oktoberfest



Celebrating National Caregiver Month at Elder Day Stay



Bank of America sponsored a Meals on Wheels route



To celebrate Valentine's Day, our Meals on Wheels drivers delivered flowers and cards along their routes



TMH and other community partners toured our facilities and learned about our planned renovations



Kitchen staff at 5:00am preparing hundreds of meals for seniors



Part of our Meals on Wheels team in the loading dock



Pam showcasing custom bags made from old Oktoberfest banners